

SOMAENERGETICS™ Level 1 Sound Therapy

Receive Certificate of Training
in the Energy Vitality Technique

SOUND HEALING WORKSHOP

Intensive 12 Hour Workshop Saturday 10 - 5
Sunday 10 - 5

Pick the weekend
that works for you!



May 8 & 9, 2010 July 17 & 18, 2010
 June 5 & 6, 2010 August 7 & 8, 2010

A LIFE CHANGING WORKSHOP WHERE YOU WILL LEARN, PRACTICE, & EXPERIENCE

- * Learn about the ancient Healing Codes
- * Learn the Solfeggio tones & their meanings
- * Learn how different tones affect our health
- * Learn the energy channels of the body
- * Experience a vibrational tuning
- * Learn the DNA repair frequency
- * Learn the importance of the numbers 3, 6, & 9
- * Learn the effect of intent on sound
- * Practice the Energy Vitality Technique
- * **A weekend packed with this & SO MUCH MORE!**

Massage, Reiki and Polarity Therapists, Holistic Physicians, Energy Workers and individuals around the country are using these powerful tuning forks. SomaEnergetics™ techniques can be used in complement with nearly all energy and bodywork modalities including Reiki, Polarity Therapy, Quantum Therapy, Healing Touch, CCT, Massage Therapy, Hypno-Therapy, Reflexology, as well as many others.

Reconnect with your inner energy potential using the sounds of the ancient Solfeggio scale to balance and impart harmony in your life. This ancient scale, which was rediscovered in 1974, is part of a 6-tone sequence of electro-magnetic frequencies. These original sound frequencies were used in the Gregorian chants, including the Great Hymn to St. John the Baptist. Through sound the Solfeggio tones can assist energy channels to stay open and keep the life force (Chi) flowing freely through the chakra system. Each expression of sound is a way that we may access deeper levels of consciousness and free the blocked energy which has been stored in our "energy anatomy." When energy flows freely, new choices in our lives are awakened and we have new-found energy from within to make the changes we want.

The six Solfeggio frequencies include:

UT - 396 Hz - Liberating Guilt and Fear
RE - 417 Hz - Undoing Situations & Facilitating Change
MI - 528 Hz - Transformation and Miracles (DNA repair)
FA - 639 Hz - Connecting / Relationships
Sol - 741 Hz - Expressions / Solutions
LA - 852 Hz - Awakening Intuition



Presented by Sara Gerhardt
of Relaxing Vibrations



Continuing Education Information:

SomaEnergetics™ is approved by the National Certification Board
for Therapeutic Massage and Bodywork (NCBTMB)
Approved Provider #450637-08.

CE Contact Hours: 12 \$10 CE Admin Fee
Purchase of Tuning Forks is optional for those interested in workshop only CE

Location of Workshop: Enchanted Moments Spiritual Wellness and Healing
Studio 131 Main Street, Milford, OH 45150

FOR MORE INFORMATION VISIT: WWW.RELAXINGVIBRATIONS.COM

OR VISIT: WWW.SPIRITUALWELLNESSANDHEALING.COM

OR CALL SARA AT 513-378-2482 OR 513-831-5508 EMAIL: GERHARDT11@AOL.COM

OR VISIT: WWW.SOMAENERGETICS.COM FOR WORKSHOP INFORMATION